

Invitation letter

for the

10th Open World Fudokan Cup for Children

10th World Fudokan Karate Championships
Traditional Sports Kobudo Tamashiwari

4th World Ikkaido Celebrations



Please read the

IMPORTANT NOTES

**carefully for preparing your athletes and judges
due to changes in Rules and Competition.**

Dear Presidents of the National Federations,

Dear athletes, Coaches, Instructors, Officials, Judges and friends of Fudokan Karate,

World Fudokan Federation and Polish Traditional Karate Federation (PZKT) have the greatest honor of inviting all national federations to the

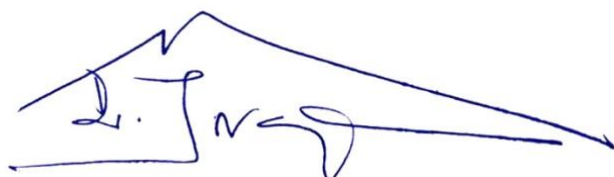
10th World Fudokan Karate Championship

for cadets, juniors, youth, seniors and veterans,
the 10th World Fudokan Cup for Children
and the 4th World Ikkaido Celebrations
to be held from May 8th to 11th 2025 in Pulawy, Poland.

WELCOME TO Poland!



Krzysztof Neugebauer 7. DAN
President of PZKT



Univ. Prof. ILIJA JORGA, M.D., Ph.D. Soke 10. DAN
Founder of Fudokan

Invitation letter

10th World Fudokan Karate Championship

Championship organization

10th World Fudokan Karate Championship

For Cadets, Juniors, Youth, Seniors and Veterans

10th Open World Cup for children

4th World Ikkaido Celebrations

Date: May 8th to 11th, 2025

Place: Hala widowiskowo/sportowa Pulawy, Poland
Lubelska 59, 24/100

Sanctioned by:

World Fudokan confederation

President: CONSTANTIN CALIMAN 7.Dan.

Approved by:

Chairman of the World Fudokan Federation

Univ. Prof. ILIJA JORGA, M.D., Ph.D. Soke 10. DAN

Founder of Fudokan and World Fudokan Federation

Chief Judge of the 10th World Fudokan Championship:

Univ. Prof. ILIJA JORGA, M.D., PhD, Soke 10. DAN

Founder of Fudokan and World Fudokan Federation

Supervisor judge:

SENSEI IGOR GAJIC 7.DAN

Supervisor judge administrator and Kobudo:

SENSEI MIKE APAN 8.DAN

Supervisor judge for Ikkaido and Tamashiwari:

SENSEI KARL-HANS KONIG 8. DAN

Hosted by:

PZKT

Organized by:

Tournament Organizing Committee (T.O.C.)

of the 10th World Fudokan Karate Championship

T.O.C. Staff:

Aleksandar Simic 7. DAN, Executive Secretary of WFF

Marija Srejcic 3. DAN, Executive Secretary of EFC

Milos Senic 8. DAN, Chief of Drawing

Krzystof Neugebauer 7. DAN, President of PZKT

Andrzej Maciejewski 6. DAN, Chief of Technical Staff

Jan Kloc 5. DAN, Visa information

Participants

Athletes officially selected by the WFF.

National Federation Members of each country according to the following requirements:

Each country shall be represented by one official team, or by agreement and statute of WFF can be more associated members.

Co-organizing country have the right for a double quota of participants.

Each athlete must be a citizen of the represented country.

Each athlete must know, fully understand and be able to compete under the WFF Competition Rules.

Every participant must be free of any physical or mental handicap (except Ikkaido). Therefore, this will not cause any kind of difficulties during competition, under the WFF Rules.

All competitors must have Medical Release signed by official national doctor.

All National Federation participants must be WFF Member for 2025.

Participation at the World Championship and Cup is conditioned by the payment of all membership fees to WFF and EFC (affiliation – for the new members, annual membership fee for 2025).

All athletes who want to enter the World Fudokan Championship competitions **MUST** have a FUDOKAN BUDOPASS.

All athletes for Shobu-Ippon-Kumite must have gloves, mouth guard and groin protection for male and chest protection for female, and for Kogo kumite, Jiyu-Ippon Kumite and Kihon-Ippon-Kumite only mouth guard.

Recommendation

All competitors should have Shinam Fudogi and Shinam gloves, issued by the Technical committee of WFF.

Please check if a VISA for Poland is necessary for your country.

Dear National Federation leaders

In order to have properly organized Championship, it is very important that you send your complete team applications (lists with names of participants and competition categories) by April 01st, 2025 at the latest!

10th World Fudokan Karate Cup for Children

Pulawy, Poland

Competition categories

Each country shall be represented by official teams (without limit per country) with participants aged 6 to 13 years old.
They will compete under the WFF/EFC competition rules.

All 4 children categories A.B.C. and D. are separated by kyu grades/colors

- A. White to orange belt**
- B. Green and blue belt**
- C. Brown and black belts**

Only in Kata and Kihon Discipline

The Fudokan Passport must be shown. Gradings will be checked.

A Children I. 7 years and younger (Born 2018 and younger)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon – Ippon girls	No limit per country
Individual Kihon boys	No limit per country	Individual Kihon – Ippon boys	No limit per country

B Children II. Age 8-9 years (Born in 2016-2017)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual kihon – ippon girls	No limit per country
Individual kihon boys	No limit per country	Individual kihon – ippon boys	No limit per country

C Children III.

Age 10-11 years (Born in 2014-2015)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. Jiyu-Ippon Kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Team Jiyu-Ippon Kumite boy	No limit per country
Individual Kihon Boys	No limit per country	Team Jiyu-Ippon Kumite girls	No limit per country

D Children IV.

Age 12-13 years (Born in 2012-2013)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. Jiyu-Ippon Kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon boys	No limit per country
Team Jiyu-Ippon Kumite boys	No limit per country	Team Jiyu-Ippon Kumite girls	No limit per country

Competitions rules for the 10th World Cup for Children

1. Individual Kata:

Groups A, B, C, D:

Eliminations, semi-finals, finals - all in flag system, no repass

Type of Kata (individual and team):

Group A: elimination/ semi-final/ final:	Taikyoku, Heian 1-2-3,
Group B: elimination/ semi-final/ final:	Heian 1-2-3-4-5, Heian Oi Kumi
Group C: elimination/ semi-final/ final:	Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai
Group D: elimination/ semi-final/ final:	Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai, Kanku Dai, Jion, Enpi, Taiji shodan

IMPORTANT NOTE:

- Kiai must be done in parts of Kata where it is supposed to be done. Not doing Kiai in places where it's obligatory is a mistake, doing multiple Kiais in the rest of the Kata where it's not obligatory is not a mistake.

2. Team Kata:

Each team will be composed of 3 contestants.
(1 athlete can be from the younger group, but not from an older group)

Application of Kata (Bunkai)

Only Group D Children must demonstrate the application of kata.

3. Kihon Kumite:

From natural stance must **step front with Gedan-barai** and start techniques from left (Hidari) stance! All technics are performed **4 times with Kiai at the end**.

GROUP A and B

GROUP C and D

1. Oi-Zuki Jodan	forward	1. Oi-Zuki Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward	2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Gyaku-Zuki Chudan	forward
4. Uchi-Uke /Gyaku-Zuki	backward	4. Soto-Uke /Gyaku-Zuki	backward
5. Mae-Geri Chudan	forward	5. Mae-Geri Chudan	forward
6. Gedan-barai / Gyaku-Zuki	backward	6. Gedan-barai / Gyaku-Zuki	backward
		7. Mawashi-Geri Chudan	forward
		8. Uchi-Uke / Gyaku-Zuki	backward

IMPORTANT NOTE:

ENTRANCE ON THE TATAMI :

- First bow to each other before entering the 8m x 8m square,
- Then both bow as they enter the martial arts court,
- Then bow to the Shushin and judges

KIHON KUMITE:

- 4 basic parameters: form, principles (hook opening and closing). Return to the starting point and focus (don't look away while performing the technique)
- Emphasize Chudan and Jodan techniques, (mawashi geri)

4. Kihon Ippon Kumite

Group A:

Attack: Natural stance: **Gedan-barai step back** in zenkutsu dachi and attack techniques from left (Hidari)

Defense: Heiko (Yoi) dachi

1.

Attack	Aka	Oi-zuki (jodan)
Defense	Shiro	Age-uke , counter attack: Gyaku-Zuki-Chudan

2.

Attack	Aka	Oi-zuki (chudan)
Defense	Shiro	Soto-uke , counter attack: Gyaku-Zuki-Chudan

3.

Attack	Aka	Mae-geri (chudan)
Defense	Shiro	Gedan-barai , counter attack: Gyaku-Zuki-Chudan

4. Final match

Attack must be from left and right side

GROUP B:

1.

Attack	Aka	Oi-zuki (jodan)
Defense	Shiro	Age-uke , counter attack: Gyaku-Zuki-Chudan

2.

Attack	Aka	Mae-geri (chudan)
Defense	Shiro	Gedan-barai , counter attack: Gyaku-Zuki-Chudan

3.

Attack	Aka	Mawashi-geri (chudan)
Defense	Shiro	Uchi-Uke , counter attack: Gyaku-Zuki-Chudan

4. Final match

The attack must be from the left and right side

IMPORTANT NOTE:

KIHON IPON:

- Measure the first attack through movement and do all attacks from that distance (judge command is TEST)
- It is done in a straight line without moving to the side
- The attack must be emphasized, and the opponent must confirm that the action will be carried out
- There can be no feint, i.e. the hand is late or goes before the finished position
- In the final match attack must be from both sides, left and right
- any contact is forbidden

5. Jiyu Ippon Kumite

Only Group C and D:

Attack:

- | | | |
|----|--------------|--------|
| 1. | Kizami-Zuki | Jodan |
| 2. | Oi-Zuki | Jodan |
| 3. | Gyaku-Zuki | Chudan |
| 4. | Mae-Geri | Chudan |
| 5. | Mawashi-Geri | Jodan |

*In final matches only plus Renzoku-Kogeki-Waza combination of:

Mawashi-Geri Chudan - Uraken-Uchi Jodan - Gyaku-Zuki Chudan.

Defence:

Only Uke-waza, counter attack: Gyaku-Zuki Chudan

IMPORTANT NOTE:

JIYU IPON:

- Defender must block and only then counter attack
- In Renzoku Waza, reduced number of attacks (Mawashi-Geri, Uraken-Uchi and Gyaku-Zuki)
- The attacker has the right to block the counterattack but does not have the right to take a shot after that
- The attack can be carried out from any position the attacker chooses
- While moving, the stances from which the attack is made can be changed
- The guard must be according to the rules, the hands cannot move uncontrollably during the movement, same as in Kogo Kumite

- Use certain penalties from Kogo kumite
- The problem arises if the defender shortens the distance, the proposal to use from whom you are collecting rules and penalties
- Defender must stay in place or move back. He cannot move front.
- Penalty points: Itten (one point)
- In the case of Kettei-Sen, competitors are doing the first three attacks, first Aka then Shiro. The first competitor who makes the point wins. In case there are no points during Kettei-Sen, after all three attacks from both competitors, the winner will be chosen by Hantei.

10th World Fudokan Karate Championship

Pulawy, Poland

Participants:

Aged 14+ (cadets, juniors, youth, seniors and veteran category), competing under WFF/EFC rules. **Each country shall be represented by one national federation.**

Competition categories

E. Cadets Age 14-15 years (Born in 2010 – 2011)

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Woman/Woman	2 team/Country
		Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite Team Women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country

F. Juniors Age 16-18 years (Born in 2007, 2008, 2009)

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Woman/Woman	2 team/Country
		Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite Team Women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country

G. Youths Age 19-21 years (Born in 2004, 2005, 2006)

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Woman/Woman	2 team/Country
		Enbu Man/Man	2 team/Country
Ind. Kumite Women	8 athletes/Country	Kumite Team Women	2 team/country
Ind. Kumite Men	8 athletes/Country	Kumite Team Men	2 team/Country

H. Seniors, Younger Group (Age from 21 to 34 years)

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Woman/Woman	1 team/Country
		Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite Team Women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

I. Seniors, Older Group (Age from 35 to 49 years)

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Woman/Woman	1 team/Country
		Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite Team Women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

J. Veterans (no limit competitors) (Age 50+)

Veteran category is separated by kyu grades/colors only in **Kata discipline:**

- A. White to orange belt**
- B. Green and blue belt**
- C. Brown and black belts**

Kumite Age category	Kata Age category	Kata Team Age category	Fuku Go Age category
50 to 54 year	50 to 54 year	50 to 54 year	50 to 54 year
55 to 59	55 to 59	55 to 59	55 to 59
60 to 64 year	60 to 64 year	60 to 64 year	60 to 64 year
65 to 69	65 to 69	65 to 69	65 to 69
70 and older	70 and older	70 and older	70 and older

K. Kobudo , Tamashiwari, Tsume-Ai (no limit competitors)

Kobudo Age category individual and team	Tamashiwari Age category	Tsume-Ai Age category
Cadets	Youths	Seniors group H,I (young to old)
Juniors	Seniors group H,I (young to old)	Veterans J(all categories)
Youth	Veterans J(all categories)	
Seniors group H,I (young to old)		
Veterans J(all categories)		
Children A,B,C,D One category		

Competition Rules for the 10th World Fudokan Karate Championship

Attention:

An athlete can participate in **Individual Categories** only in his age category.

If he/she participates in **Team Category** for an older age group, he cannot participate in the same Team Category in his age group, but individual can.

Example: one junior athlete can participate in individual categories for juniors. He can participate in team kata for youth. In this case he cannot be part of team kata juniors.

The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or Kogo Kumite according with the category as below.

System of contest

Individual kata:

Groups: E, F, G, H, I

Elimination and semi-finals - flag system

Finals - Point system (Drawing for placement 1 to 4)

Type of kata (individual and team)

Groups: E, F, G, H, I, J

Elimination/ semi-final / final - All Katas.

- Different Kata in finals

Team kata:

Each team will be composed of 3 contestants
(1 athlete can be from the younger group)

Fuku-Go:

Kata Kittei Shodan
Kata Kittei Nidan

Nishiyama sensei
Higashiyama sensei

**Invitation letter
for IKKAIDO
4th World Ikkaido Celebration
for people with and without disabilities**



**World Fudokan Federation WFF
in cooperation with the IKKAIDO World Federation
at
Poland**



4th World Ikkaido Celebration for people with and without disabilities

Dear Presidents of National Federations, Secretaries General, Athletes, Coaches, Instructors, Officials, Judges and Friends of Karate

On behalf of World Fudokan federation we have the greatest honor to invite you and all national federations to the 3rd World Fudokan-Ikkaido Karate Championship for people with disabilities for Children, Cadets, Juniors, Youth, Seniors and Veterans to be held May 2025 in Poland.

Fudokan is a big family. Please motivate your disabled people to join our family and be a significant part. We want to offer them a platform where they can show their ability and perform their karate.

Ikkaido first should be a celebration for them. Please, give them a chance of being included in the championship.

First, - like a celebration - they demonstrate their kata and, if necessary, they can be assisted by another karateka or coach (e.g. blind ones). The kata is free choice.

Second, - like an inclusive competition - they perform an inclusive team kata together with karateka with no disabilities against another team. Then their team performance will be judged.

Hope to see you in Poland with your athletes!

Sensei Karl-Hans König 8. DAN

Responsible for Ikkaido, coordinator within World Fudokan federation

Celebration Categories

1. Individual Kata Celebration

Categories: Boys / Men / Girls / Female

Only for people with disabilities, for all age categories, the kata is free.

This category is only for people with disabilities to show their ability to perform a Karate kata.

If the athlete is unable to enter the tatami or perform the kata alone, he/she can be assisted by a carrier (e.g. blind people).

For all age categories the kata is free, but it should be known in karate styles e.g. Fudokan/Shotokan or others.

Wheelchair kata is completely free.

2. Kata Team

Boys/Men / Girls/Female

Minimum one and/or maximum two people with disabilities per team, for all age categories.

Each team will be composed of 3 contestants (1 athlete can be from another group, e.g. older, younger, sex, ...)

Mixed teams are allowed, (e.g. two girls plus one boy starts at girl competition, two boys plus one girl ...)

Each team must have minimum one and maximum two people with disabilities (inclusion aspect).

No Application of kata (bunkai) necessary.

B. Celebration Age Categories

All age categories are the same like in the official program.

Participation fees Ikkaido:

Participation fee Kata Individual is 35 EUR.

Participation fee Kata Team is 50 EUR.

C. DISABILITY CATEGORIES

An official WFF classificatory (medical doctor) may classify athletes at the beginning of the competition. There are 4 classification categories of disabilities for the competition:

- Wheelchair User
- Blind and Visually Impaired
- People with Learning and Mental disabilities e.g. autism
- People with physical and other disabilities

CHAMPIONSHIP PROGRAM

JUDGES:

There will be judges selected for Ikkaido competition and advices during judge course. There will be additional instructions for IKKAIDO judges.

ATHLETES:

09th may 2025

Celebrations/Demonstrations, Kata individual and Kata team for Ikkaido

14:00 Official classification by doctor

15:00 **Start of IKKAIDO celebrations & competitions**

What Wikipedia says about disability:

A disability is an impairment that maybe cognitive, developmental, intellectual, mental, physical, sensory, or some combination of these. It substantially affects a person's life activities and may be present from birth or occur during a person's lifetime.

Disabilities is an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations.

Disability is thus not just a health problem. It is a complex phenomenon, reflecting the interaction between features of a person's body and features of the society in which he or she lives.

Source Wikipedia, WHO World Health Organization, Disabilities

WFF - Ikkaido rules for people with disability

Article 1: Official Clothing

Competitors and their responsible persons must wear an official uniform (Karate Gi).

Article 2: Competition Area

1. The competition area must be suitable for people with disability and equipped in such a way that dangers are excluded.
2. The competition area must have a sufficient size, allowing to perform the forms without any problems.
3. To ensure a smooth presentation of the forms a stable, plain surface is required. Usually mats for tournament are suitable.

Article 3: The Organization of Kata Competition

1. The choice of a Kata is free, it **should be from Shotokan or Fudokan, but can be from other styles**.
2. It is up to the organizer, to merge groups because of low participation. The competitors or responsible persons are expected to be part of the decision, which is to be made in the interest of the athletes.
3. The single competitions consist of single **presentations**, which are separated according to gender.
4. It has to be distinguished between standing and seated groups. Furthermore, it has to be distinguished according to the degree of disability (up to 50%, from 50% to including 70% and from 80% to 100%).
5. It is possible, not to differentiate the degree of disability within the groups. The Kata presentations will be evaluated with flag system. At the end the participants with the lowest degree of disability (from 50% to 70% including) will get subtracted from their total evaluation. At the end of the match the best presentation will be announced.

Article 4: Jury Committee

1. For each round, the jury (5 judges) will be appointed from the chief judges or from the ground / mat leader.
2. The judges of a kata competition should not be from the same nation, national association, district or club as one of the participants, as far it is possible.
3. In addition, administrative persons for the evaluations and announcers or speakers will be introduced.

Article 5: Decision Criteria

Kata has to be performed with competence. A clear understanding of the traditional principles which are included in the kata must be visible. When evaluating the performance, the judges have to take into account any restrictions by each individual disability and have to pay attention to:

- a) A realistic demonstration of the meaning of the kata
- b) Understanding of the used techniques
- c) Timing, rhythm, speed, balance, impression and strength application
- d) Correct, adequate respiration for the performance of the techniques
- e) Correct focusing on the attention and the concentration
- f) Correct positions with right tension in the legs, excluding e.g. wheel chair drivers
- g) Adequate body tension, e.g., in the lower abdomen
- h) Correct performance of the techniques of the demonstrated style
- i) The realization should also be valued in respect to other criteria, such as the degree of difficulty of the shown kata.

Article 6: Realization of Competitions

1. The appearance of "disabilities" is so complex, that it seems impossible to satisfy all kinds of disabled athletes with their individual competition rules. The WFF Ikkaido competition rules are flexible to use. Competition rules for „people with disability“ differ primarily from general competition rules by restrictions with the repertoire of forms, because the physical or the mental conditions according to the kind and degree of disability of the individuals are extremely different.
2. With reasonable doubt about the restriction due to the disability of the participant, it is up to the organizer and in agreement with the competitor or the responsible person, to withdraw the participant from the starting list. This means that competitors which are able to perform according to general competition rules, don't have to be evaluated according to this set of present rules. Decision should be made in the interest of the athletes.
3. This form set of rules was created to allow people with disability to measure themselves in competitions in the area of the Martial Arts in terms of inclusion. The set of rules should be available not only to everybody who is organizing inclusion competitions, but it is appreciated to initiate further competitions for people with disabilities. The only condition is, that prior to the distribution, permission is granted.

Statement

These rules are under ongoing development and can change from event to event. They are made to enable our disabled people to show their abilities and not their disabilities. If it is necessary, we can adapt the rules according to the needs of our disabled competitors and not for a better performance or a higher level within the competition. Please help us to improve the live and the acceptance of disabled people.

Authors

© Source and copyright:

Karl-Hans König, Dr. Michael Wacker, Achim Haubennestel, Germany

Sensei Karl-Hans König, 8. DAN,

WFF Head of Commission for Ikkaido - people with disabilities

Fudokan Karate Competition Rules

World Fudokan Federation

Tamashiwari

Tamashiwari competition categories

There are 3 different Tamashiwari competitions:

1. Shikara Tamashiwari

The soul of Power

meaning:

Shikara = Power

Tamashe = Soul

Wari = Breaking

力

The classical tamashiwari competition in Fudokan. The athlete breaks the number of wooden boards fixed in the Tamashiwari Holder.

Strong power is necessary.

2. Hikari Tamashiwari

The one inch punch

meaning:

Hikari = Light beam

Tamashe = Soul

Wari = Breaking

光

The athlete holds his hand open (Shuto) with direct contact to the wooden board and break it without stike out. The board is breaking by closing the fist and hitting at the same time (e.g. one inch punch of Bruce Lee).

Good technic and kime is necessary.

3. Karawari Tamashiwari

The free strike

meaning:

Karawari = Empty strike

Tamashe = Soul

Wari = Breaking

空

The athlete breaks the wooden boards while the boards are not fixed and hold by two fingers in the air.

High acceleration is necessary.

4. Grand champion of Tamashiwari

Will be awarded a special prize if an athlete wins all three Tamashiwari competitions.

General rules

Every athlete is competing Tamashiwari on his own risk. He must be prepared and sure to do Tamashiwari without hurting himself.

The minimum number of competitors must be 3 (three) competitors. With a lower number, the categories are merged together.

Tamashiwari age categories

The Tamashiwari competition categories in male and female are:

Youths	18 to 21 years
Seniors	21 to 49 years
Veterans	50 years and older

Board sizes

The wooden boards have a square of 30 x 30 cm and have a thickness of app. 2,5 cm. Only boards stamped with Fudokan logo are allowed for competition. The boards are fixed in the Tamashiwari holder, which is fixed by two stronger man.

Procedure of Tamashiwari competition

In Tamashiwari competition there is only one chief judge, who checks the boards and the right fixation in the holder before starting. All athletes line up and bow to the chief judge. Then he announces the categories, the number of athletes and the order of starts.

Female competition starts first with **one wooden board**, male competition with **three boards**. Beginning from the round with three boards in male category the board holder is fixed by two strong man.

A Tamashiwari blow is done with Tsuki waza like seiken tsuki, tate tsuki or ura tsuki. It can also be performed as Kage, Kizami, Gyaku or Oi Tsuki. Open hand technics like Shuto or Teisho are allowed too.

Each athlete choose his boards from the staple and bring them to the holder, the chief judge controls the quality of the boards and afterwards the right positioning of the boards in the holder. Make sure that the boards are not crossed.

After the blow the athlete took his broken boards and bring them to the staple of broken boards. Unbroken boards from fails are taken out of the competition.

Scoring

Tamashiwari is scored by the number of broken boards. A board is broken, when it falls down by itself, with two or more boards all boards must be broken and fallen down. If a board is still in the holder, the trial fails.

In the final round (e.g. with 4 boards), the athlete who brakes the board in first trial and the other athlete fails and needs a second one, the athlete with one trial is scored first place, the other second place. The athletes with only 3 boards are third, the one with 2 boards are 4th place.

In Tamashiwari its possible that there are two or more first, second or third places.

Every athlete has 2 trials, if he don´t break the board in first trial he is free to try it once again. If not, he fails and the number of trial before is counted. If he breaks the board in the second trial, he goes to the next higher round.

If all athletes of a category breaks e.g. two boards, no matter of first or second trial, it comes to the next round with tree boards, after that with four and then five boards, etc..

If an athlete is unable to break the number of boards of the round (first and second attempt), or if he wants to stop, he is out of competition and the other athletes can go on to increase the numbers of boards.

If all atlethes decide not to go on to the next round and try the next number, this round is scored as the final one. If only one athlete try the next higher number of boards and fails, the round before is scored as the final one.

Created by Karl-Hans König, 8. DAN

Fudokan Karate Competition Rules

World Fudokan Federation

Kobudo

Kobudo Rules

GENERAL GUIDELINE

ORGANIZATION OF KOBUDO COMPETITION

Kobudo competition consists of long and short-weapons events.
Kobudo competition takes the form of team and individual matches.
Team Competition is conducted between three persons in unison with each other.
Teams may be coed.
Individual match consists of individual performance in separate male and female divisions.
In Kobudo competition the contestants must perform a traditional Kobudo kata.

KARATE KOBUDO WEAPONS

Only the following weapons will be allowed in Kobudo competition:

BO - The Bo shall be made of hardwood. The length shall be a minimum of the competitor's height or longer. Competitors over 6 feet in height may use a standard 6 foot bo or longer with a minimum diameter 1 1/16 inches. Competitors under 5 feet in height may use a minimum diameter of 7/8 inches. Competitors between 5 feet and 6 feet in height must use a bo with minimum diameter of 1 inch.

TONFA (pair) - TONFA must be entirely made of hardwood with a minimum length, when grasped by the handle, to reach the end of the competitor's elbow. Two TONFA are used in KOBUDO competition.

EKU (Kai-Bo) - EKU must be made of hardwood and have a length of eye level or higher. In addition the EKU blade shall have a flat side and a rounded or beveled side, and the blade tip may not have a sharp point.

NUNCHAKU (pair) - One pair of NUNCHAKU constitutes two hardwood handles connected by a cord. In principle a minimum handle length of 12".

SAI (pair) - Two Sais must be used for KOBUDO competitions (Sai KATAs that use one Sai or three Sais are not allowed). Sai must be made of steel and when grasped so that the curve of the sai rests where the thumb joint meets the hand, the tip shall at a minimum extend to the competitor's elbow.

KAMA (pair) - Two Kamas are used in KOBUDO competitions. Kama handles are made of hardwood and the blades of solid, unsharpened steel. No rope, chord, string, etc. are permitted nor are Kamas with holes in blades.

GENERAL WEAPON GUIDELINES

All weapons shall be examined by an official prior to competition to ensure that they are of authentic design, construction and materials. Any weapon that, in the examiner's opinion, gives an unfair advantage to a competitor may not be used. Weapons must be of traditional design and any decision as to a weapon's eligibility will be made by the Chief Referee and/or the Referee Council.

Grounds for rejecting a weapon include but are not limited to exceptionally lightweight, coating to improve grip, markings (including different color tones of wood) and non-standard construction.

All wood on weapons must be hardwood. The Bo must be made of the dense hardwood (hickory, oak, ash or Purple Heart: no rat-tan), Ultra-light Bo's may be disqualified from the competition upon the inspection of the referee.

In short weapons competition, the contestants must use the following traditional Okinawan weapons: Kama (2), Sai (2), Tonfa (2), or Nunchaku (1 pair). No variations are allowed.

Kobudo age categories

Kobudo competition categories in male and female are:

Children I	Children groups A. and B.
Children II	Children groups C. and D.
Cadets	14 to 15 years
Juniors	16 to 18 years
Youths	19 to 21 years
Seniors	21 to 34 years
Seniors older	35 to 49 years
Veterans	50 years and older

INDIVIDUAL KOBUDO REGULATIONS

Individual and Team Competitors shall compete in the same age and skill divisions that they would for Kumite.

There shall be no weight divisions as described for KOBUDO competition.
Kobudo should be scored in the same manner as Kata

TEAM KOBUDO COMPETITION

Team Kobudo should be scored in the same manner as Team Kata competition, The competitors must use the same type of weapon.

CRITERIA FOR DECISION FOR KOBUDO COMPETITION.

The contestants must properly use the body and footwork to extend the power (energy) into the weapons.

The contestants must always maintain control of the weapons during the performance.

Correct and consistent Kihon of the style of Kobudo being demonstrated.

Additional Criteria for Team Kobudo

The Kobudo Kata must not alter in rhythm or timing for the purpose of synchronization. It must demonstrate correct dynamics of the weapon as if performed by an individual.

The members of the team must demonstrate competence in all aspects of the Kobudo performance, as well as synchronization.

A mistake in synchronization of Team Kobudo requires the same numerical deduction as a technical mistake in individual Kobudo.

DISQUALIFICATION

A contestant shall be disqualified if he/she drops a weapon during the performance

A contestant shall be disqualified if he/she uses a dangerous technique that jeopardizes the safety of the judges or other contestants.

Entry procedure

The following documents must be sent to the Championship Organizational Committee **by April 01st, 2025 at the latest:**

- Completed entry application form (hotel and categories).
- Completed "Medical Release" form for each competitor.

Entry fees are payable on account of WFF or cash at the Championship office in EURO or by account on request until April 8th, 2025 the latest!

Participation fees

Children

EUR 40 per person for the first discipline, EUR 20 for the second discipline and the third discipline is free
EUR 50 per Enbu team
EUR 60 Kata/Kumite per team

Cadets, Juniors, Youths, Seniors, Veterans

EUR 50 per person for the first discipline, EUR 25 for the second discipline and the third discipline is free
EUR 60 per Enbu team
EUR 70 per Kata/Kumite team

Ikkaido

EUR 35 per person, Kata Individual
EUR 50 per Kata team

Tamashiwari

EUR 50 per person per discipline

Tsume-Ai

EUR 40 per person

Kobudo

EUR 50 per person – Individual
EUR 60 per Kata team

Judges:

No entry Judges/Coach course per person.

All judges who want to have honorary for Championship must be present at the course, as well as coaches who want to make a protest, this will not be possible without attendance at the course.

EUR 25 Judge Exams per person and category.

Exams committee:

Sensei Ilija Jorga 10. Dan
Sensei Mike Apan 8. Dan
Sensei Karl Hans Konig 8. Dan
Sensei Igor Gajic 7. Dan
Sensei Aleksandar Simic 7. Dan

Accommodation will be provided for all Judges with International A category.

All of the Judges who do not have Fudokan International A category but have International A category from other International Traditional Karate Organization, can have them verified on the Judges course.

Voucher - very important note

In case you decide to make your own accommodation arrangement – a service fee of 30 EUR per person will be charged.

National Federations that will not book their accommodation through the T.O.C. will lose all support from the T.O.C. and they will have to support themselves with local facilities – food and accommodation.

Drawing

Drawing will be held on

May 07th, 2025 starting at 12:00 until 21:00 o'clock.

Entry fees are payable at the Championship Office in EURO by cash.

Championship Office for the registration will be in Arche Naleczow Hotel, ul. Spoldzielcza 4B, 24-100 Naleczow.

All Coaches may attend the drawing. It is strongly recommended for the coaches to attend the drawing till the end of the session and verify that their athlete's participation is correctly selected.

After drawing there will be **NO possibility** to make any changes.

Each National Federation must grant each register participant or visitor as for their own medical and risk insurance (minimum 30.000 EUR).

The local organizers are not responsible for participants risk if participants are not insured. Personal belongings are always under responsibility of the owner.

Each participating Nation is required to bring its national anthem (on CD) and flags 1,5 m x 2m.

Questions

If you have any questions, please contact us:

e-mail: fudokanchampionship@gmail.com

or:

T.O.C. President: Aleksandar Simic
Phone +381 60 33 74 066

Chief coordinator: Marija Srejc
Phone +381 62 314 912

We are looking forward to meeting you in Poland for the World Fudokan Championships!

Online Registration

Please use online registration to pre-registrate your athletes!
Drawing should only be used to make minor changes or additions.

Link for the website:

www.wffchampionship.com

Applications

For proper registration of your officials, athletes, judges and coaches, please use the:

Online Registration

Please use online registration to pre-register your athletes! It is very easy to use.

Drawings in Poland should only be used to make minor changes or additions.

Link for the website:

www.wffchampionship.com

To get an online account please contact:

T.O.C. President: Aleksandar Simic

Chief coordinator: Marija Srejcic

e-mail: fudokanchampionship@gmail.com

We are looking forward to meeting you in Poland for the 10th World Fudokan Karate Championship!

To run a proper championship, we need the following data from you:

Basic data - online

Country
Organization
Address
Officials

Competition data - online

Athletes, Judges and Referees, Coaches

Name, Date of Birth
Qualification
Rank
Categories and Age class

Visa information:

If your country needs a VISA for Poland, please contact: Jan Kloc -
fudokanchampionship@gmail.com or call +381 62 314 912

Medical Release

Name:	
Country:	
Sex / Age:	
Age Category:	
Participation Category:	

My present health status is:

1. Extreme Heart Murmur	YES	NO
2. Severe hypertension	YES	NO
3. Recent Infection	YES	NO
4. Bone Fracture Within Past 6 Moth	YES	NO
5. Concussion or severe Head Trauma	YES	NO
6. Seizures	YES	NO
7. Eye Injury	YES	NO
8. Nose Injury	YES	NO
9. Severe Bone Bruise Requiring padding	YES	NO
10. Kidney Injury	YES	NO
11. Drug Allergies	YES	NO
12. Bleeding	YES	NO
13. Syncope of Diff. Origin	YES	NO
14. Joint Injury	YES	NO
15. Disorders	YES	NO
16. Neck Injury	YES	NO
17. Facial Injury	YES	NO
18. Ear Injury	YES	NO
19. Hepatitis of Different Origin	YES	NO
20. Currently Taking Any Medication	YES	NO
21. Currently Taking Any Treatment	YES	NO

Medical health insurance

Please note, that the medical costs in Poland are relatively high and - without medical insurance - must be covered by private and paid in cash.

Please make sure that you have a medical health insurance for Poland.

Statement

I'm officially confirming that my medical history is represented above, therefore I'm taking full responsibility and hereby discharge tournament officials of all liabilities.

I'm officially confirming that I have a valid medical health insurance for Poland.

Date: _____ . _____ . 2025.

Applicant's Signature: _____

Coach Signature: _____

Parent signature: _____

Remark:

If your answer is "YES" to any of the above questions, you are required to check with the Tournament Medical Committee before starting competition.

(For official Use Only)

Approved: _____

Not approved (for participation in this event):

Date: _____ . _____ . 2025.

Chiefmedical _____